

# 2 MISTAKES COUPLES MAKE THAT CAUSE THEM TO FALL OUT OF LOVE

Shift your focus on just these two and you'll start to feel more in love



*little words*



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**OVER TIME, WE ACTUALLY DON'T FALL OUT OF LOVE, WE FALL INTO RESENTMENT.**

**BELIEVE ME, WE KNOW HOW IT FEELS.**

The main reason this happens is because we've overlooked the fact that men and women are in relationship for two very different reasons.

We keep trying to give our partner love in the way *we* want to receive it, instead of giving them what *they* need to feel in love.

So what is different about what men and women need to feel in love in a relationship? We both reflect different aspects of God's character and we are each seeking to meet a different primary need in the relationship.

When these are not met in the relationship, resentment starts to build. We feel upset, taken for granted and ripped off. The whole reason that we entered into this relationship is being taken away and the love is gone.

We feel that it's heart-breaking. We've been there too.

The good news is that couples who change their focus on just the two problems detailed below start to feel more in love everyday.



*little words*



## *Not Meeting His Primary Need*

### **A MAN ENTERS A RELATIONSHIP TO EXPERIENCE PURPOSE AND APPRECIATION**

A man must have the need of purpose and appreciation met in order to feel in love in the relationship.

He gains his purpose in providing for his partner and making her happy. This is what he wants to be appreciated for. When a man feels like he doesn't understand what will make his partner happy and he's always getting it wrong, he will stop trying. He will aim to get his need for purpose and appreciation met outside of the relationship, often at work.

A man needs clear and direct communication from his wife about what will make her happy. That means, as a woman, you will need to directly ask him when you want things done around the house, or to spend time together, even for the gifts you would like to receive!

By communicating with him directly, you give him a clear purpose.

When he does the things you want, it is vitally important that you appreciate him for it. A man is fueled by appreciation, and will do almost anything you ask (including join The Relationship Workshop) if he feels he will get it.

So, if you are a woman, when you see your partner doing the things you want, gush appreciation about it. Doing this will guarantee you will get him doing more of the things you love.

Thank him, and let him know why what he's done makes you happy. Knowing that he has succeeded in his purpose (making you happy) will help him feel in love with you.

**By communicating with him directly, you give him a clear purpose.**



## *Not Meeting Her Primary Need*

### **A WOMAN ENTERS A RELATIONSHIP TO EXPERIENCE SAFETY AND AN EMOTIONAL CONNECTION**



A woman must have the need of emotional connection met in the relationship in order to feel safe and in love.

The woman gets an emotional connection by sharing her feelings and being understood. This means, in order to feel in love, the woman needs to feel safe to share any feelings she might have about any topic, especially the relationship, and feel validated.

As a man, to meet this need for her will require listening. A man's default response when a woman shares her feelings about a situation is to try to fix the problem. He does this because he thinks having the problem solved will make her happy and she will appreciate him more. Unfortunately, when he fixes, she just feels invalidated.

The real reason the woman talks is to share the experience of life with her partner. She generally knows what to do to fix the problem, she doesn't want it solved, she wants to share it.

When a woman shares her problems or feelings with you, try using some of these responses:

- Wow, that sounds like it's been really hard for you!
- Come and tell me more about it.
- How does that make you feel?

Inviting her to talk and share more will make her feel incredibly loved. This is what will gain you the appreciation you've been looking for, and make her fall wildly in love with you!



**The woman gets an emotional connection by sharing her feelings.**

*Life is too precious  
to waste in  
resentment*

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