

RESEARCHED SOLUTIONS

for female libido loss, inability to orgasm, emotional trauma and sexual pain.

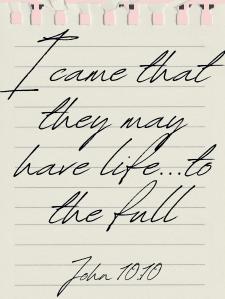
A body-brain disconnect



Research by The University of Washington has shown that while females often report feeling significantly less sexual desire & sensation than men, in the majority of cases, their bodies still respond to sexual stimulation to the same degree as men. In cervical cancer patients who reported a total loss of desire and genital sensation as a result of cancer treatment, genital blood-flow in response to sexually arousing stimuli was found to be strong. This suggests a body-brain disconnect in women may play a causal role in sexual problems. The women reported significantly increased arousal, desire and sensation after engaging in cognitive (mental) therapies.



experience lasting and distressing sexual complaints



fMRI scans show that brain regions of women with low sexual desire have reduced activation in areas that inhibit negative emotional responses and increased activiation of areas that involve self-evaluation.



Your mind is your most powerful sexual organ

Masters and Johnson have been successfully treating sexual performance anxiety by teaching couples to be present in the moment and let go of goals relating to arousal and orgasm since the 1950's.

Dr Lorri Brotto (2022) has conducted significant research into the role of the mind in sexual arousal and response in women. Her research shows that 8 week programs where women practice mental exercises aimed at focusing the mind during sex and increasing the cognitive map for genital regions in the brain can increase sexual satisfaction in women by up to 60%.

ACT Therapy

In a 2022 study,
Acceptance-commitment
therapy was shown to
reduce the impact of
severe emotional trauma
(such as that experienced
by refugees) by up to 50%.





Practice makes permanent

The Wild Love program invites you to practice the latest and most effective accumulated techniques for enhancing women's sexuality, delivered in line with Christian values.

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